

# PWHR MID-CAREER EXCELLENCE IN WOMEN'S HEALTH RESEARCH AWARD

## FREQUENTLY ASKED QUESTIONS (FAQS)

### Am I eligible to apply?

To be eligible for the PWHR Mid-Career Excellence in Women's Health Research Award, you must:

1. Dedicate yourself to **research relevant for women's health** as your main area of specialization.
  - Women's health refers to "physical, biological, reproductive, psychological, emotional, cultural, and spiritual health and wellness across the life-course in the context of the unique intersecting concerns related to our bodies, our roles, our social locations, and our identities."<sup>1</sup>
  - For this award, the definition of women's health research includes research focused on/relevant to females, cis-women, transgender women, transgender men, as well as underrepresented gender identities, including but not limited to, Two-Spirit, non-binary, gender fluid, and agender people.
2. Be a **mid-career researcher** (at the time of application, you must have assumed your independent research position 5-15 years ago)
3. Be a **member of one of PWHR's partner institutions**:
  - Women's Health Research Institute
  - Women & Children's Health Research Institute
  - Women's College Hospital
  - IWK Health

### What is the deadline to apply?

- March 31, 2026, by 12 AM (midnight) Pacific Standard Time

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<sup>1</sup> Canadian Institutes of Health Research Institute of Gender and Health, National Women's Health Research Initiative, <https://cihr-irsc.gc.ca/e/53095.html> . Consulted May 31, 2024.

**How do I submit my application?**

- Submit your application via email to [tkendall@pwhr.org](mailto:tkendall@pwhr.org) as a single PDF or multiple PDF files.
- Be sure to include the cover page/checklist.

**How many letters of support are needed?**

- Two (2) letters of support:
  - **One letter** must come from a member of the applicant's "home" research institute (internal reference).
  - **One letter** must come from a women's health researcher or decision-maker in the field of women's health who is from outside the applicant's institution (external reference).

**Who can provide letters of support?**

- A member of the applicant's "home" research institute
- A women's health researcher or decision-maker who exercises influence in the field of women's health, is qualified to comment on the applicant's work, and is external, i.e., comes from outside the applicant's "home" institution (e.g., from a different university, hospital, provincial or federal government department, or a member of a non-governmental organization).

**How many awards will be given?**

- Four (4) national awards will be given
- One award will be given to a researcher from each of PWHR's partner institutions:
  - Women's Health Research Institute
  - Women & Children's Health Research Institute
  - Women's College Hospital
  - IWK Health

**When will the award winners be notified?**

- June 30, 2026

**How will the award winners be recognized?**

- Each award winner will be invited to give a research talk as part of PWHR's national women's health research seminar series.
- PWHR and the researcher's "home" research institute will profile and recognize the awardee and their research through internal and external communication.

These FAQs will be updated periodically. Please visit [pwhr.org](http://pwhr.org) under the Events & Opportunities tab.

For additional questions, please contact [tkendall@pwhr.org](mailto:tkendall@pwhr.org).